

# Championnats de zone - 1/4 Finales de Cross-country

## Classement général 01-Cross Masters Hommes

Rang	N°	Nom Prénom	Sexe	Cat.	Licence	Club	Officiel	Moyenn
1.	10	BENDAYA Abdelhak	M (1.)	M1M (1.)	1063006	UNION SUD ATHLETISME 30*	00:29:45.0	18.1
2.	55	HERBAU Nicolas	M (2.)	M1M (2.)	1671990	ALES CEVENNES ATHLETISME	00:29:58.6	18.0
3.	17	CARBOU Jean-Vincent	M (3.)	M2M (1.)	1105337	ATHLETIC CLUB FONT-ROMEU	00:30:05.7	17.9
4.	41	FREUDENREICH Bruno	M (4.)	M1M (3.)	432251	ALES CEVENNES ATHLETISME	00:30:41.4	17.5
5.	60	KLEIN Rudy	M (5.)	M1M (4.)	437151	ATHLE 66*	00:31:00.7	17.4
6.	47	GHIRARD Florent	M (6.)	M1M (5.)	722963	ATHLE 66*	00:31:21.8	17.2
7.	25	CONDON Jerome	M (7.)	M1M (6.)	1004866	ALES CEVENNES ATHLETISME	00:31:38.8	17.0
8.	51	GRANIER Florian	M (8.)	M1M (7.)	2074409	ENTENTE NIMES ATHLETISME	00:31:41.9	17.0
9.	82	POUMEROL Fabrice	M (9.)	M1M (8.)	1551059	BEZIERS CHEMINOTS ATHLETISME M	00:31:47.5	16.9
10.	100	VIGIER Christophe	M (10.)	M1M (9.)	1552562	ALES CEVENNES ATHLETISME	00:32:11.8	16.7
11.	38	FEUTRIER Mathieu	M (11.)	M1M (10.)	867595	ATHLE 66*	00:32:25.4	16.6
12.	59	JUBANY Christian	M (12.)	M3M (1.)	835335	ATHLE 66*	00:32:30.6	16.6
13.	2	BALLESTER Cyrille	M (13.)	M3M (2.)	441574	ALES CEVENNES ATHLETISME	00:32:38.7	16.5
14.	39	FISCHER Christophe	M (14.)	M1M (11.)	2317605	UNION SUD ATHLETISME 30*	00:32:47.9	16.4
15.	75	OUBEZZA Mohamed	M (15.)	M2M (2.)	1785565	ASSP VERGEZE	00:32:51.7	16.4
16.	48	GIBERT Frederic	M (16.)	M1M (12.)	724980	ALES CEVENNES ATHLETISME	00:32:55.4	16.4
17.	97	VERDIER Eric	M (17.)	M1M (13.)	900304	ATHLETISME ET COURSE NATURE AN	00:32:58.0	16.3
18.	52	GRAU Gaetan	M (18.)	M2M (3.)	421058	ATHLE 66*	00:33:09.4	16.2
19.	62	LANDREAU Antony	M (19.)	M2M (4.)	667480	ATHLETISME ET COURSE NATURE AN	00:33:13.5	16.2
20.	12	BENNAMA Habib	M (20.)	M4M (1.)	114823	ALES CEVENNES ATHLETISME	00:33:16.3	16.2
21.	79	PELON Cyrille	M (21.)	M1M (14.)	1952591	ENTENTE NIMES ATHLETISME	00:33:23.3	16.1
22.	67	MAURY Cyril	M (22.)	M1M (15.)	1581176	ALES CEVENNES ATHLETISME	00:33:25.1	16.1
23.	93	SOUSTELLE Remi	M (23.)	M1M (16.)	1409618	SALTA BARTAS	00:33:25.6	16.1
24.	43	GARBOUGE Frederic	M (24.)	M1M (17.)	2198657	ENTENTE NIMES ATHLETISME	00:33:28.9	16.1
25.	46	GELLY Eric	M (25.)	M3M (3.)	379627	ATHLETISME ET COURSE NATURE AN	00:33:35.0	16.0
26.	31	DEVESSE Alain	M (26.)	M4M (2.)	1565736	ALES CEVENNES ATHLETISME	00:33:36.4	16.0
27.	26	CRUVEILLER	M (27.)	M1M (18.)	2287317	LOUPIAN TRI NATURE	00:33:48.4	15.9
28.	99	VIAU Stephane	M (28.)	M3M (4.)	1061311	MONTPELLIER ATHLETIC MEDITERRA	00:33:53.5	15.9
29.	16	BRECHET Cyril	M (29.)	M1M (19.)	2309186	ATHLETISME LOZERE *	00:33:53.5	15.9
30.	71	MYLY Hermann	M (30.)	M1M (20.)	122593	ATHLETISME LOZERE *	00:33:54.0	15.9
31.	72	NUNEZ David	M (31.)	M2M (5.)	681164	ATHLE 11*	00:34:05.4	15.8
32.	87	SANCHEZ Gaetan	M (32.)	M2M (6.)	1125090	ATHLE 11*	00:34:14.5	15.7
33.	91	SOOBEN Cliff	M (33.)	M5M (1.)	231250	ATHLETISME ET COURSE NATURE AN	00:34:16.5	15.7
34.	95	TOUAHRI Morad	M (34.)	M2M (7.)	1851111	ATHLETISME ET COURSE NATURE AN	00:34:17.5	15.7
35.	6	BAZER-BACHI Frederic	M (35.)	M1M (21.)	117978	UNION SUD ATHLETISME 30*	00:34:20.9	15.7
36.	53	GRENOUILLET Martial	M (36.)	M1M (22.)	1985893	CLERMONT SPORT ENDURANCE	00:34:22.7	15.7
37.	74	ORIO Romain	M (37.)	M1M (23.)	2147600	ATHLETIC CLUB FONT-ROMEU	00:34:23.8	15.6
38.	8	BELOT Fabrice	M (38.)	M2M (8.)	627198	ALES CEVENNES ATHLETISME	00:34:34.1	15.6
39.	102	YOT Frederic	M (39.)	M2M (9.)	1011108	RUN IN CRES	00:34:35.7	15.6
40.	34	DUMAS Damien	M (40.)	M3M (5.)	2438772	ATHLETISME ET COURSE NATURE AN	00:34:44.8	15.5
41.	63	LAURENS Sebastien	M (41.)	M2M (10.)	456952	SALTA BARTAS	00:34:50.4	15.4
42.	30	DESSEIN Jean-Sebastien	M (42.)	M3M (6.)	688207	ATHLETISME ET COURSE NATURE AN	00:35:02.0	15.4
43.	98	VERNET Laurent	M (43.)	M2M (11.)	1798884	ATHLETISME ET COURSE NATURE AN	00:35:06.1	15.3
44.	61	LAFARGUE Victorien	M (44.)	M2M (12.)	745045	AZILLE ACCUEIL	00:35:08.2	15.3
45.	37	FANTIN Jerome	M (45.)	M2M (13.)	1096613	ATHLE 11*	00:35:11.3	15.3
46.	81	PONSA Cyril	M (46.)	M1M (24.)	859396	ATHLE 11*	00:35:20.0	15.2
47.	90	SIMON Steeve	M (47.)	M3M (7.)	2468420	ATHLE 11*	00:35:24.9	15.2
48.	54	GUILLOT Romain	M (48.)	M1M (25.)	1479222	ATHLE 11*	00:35:26.4	15.2
49.	80	PICARD Guillaume	M (49.)	M1M (26.)	650706	ATHLETIC CLUB FONT-ROMEU	00:35:30.7	15.2
50.	56	HUG Antonin	M (50.)	M1M (27.)	2521841	ATHLETIC CLUB FONT-ROMEU	00:35:46.3	15.0
51.	32	DOULAT Aissa	M (51.)	M3M (8.)	2061398	ATHLE PEZENAS 34	00:35:55.1	15.0
52.	57	ITSWEIRE Bertrand	M (52.)	M4M (3.)	339399	ATHLE 66*	00:35:58.1	15.0
53.	28	DEMUS Arnaud	M (53.)	M2M (14.)	2113429	MONTPELLIER ATHLETIC RUNNING C	00:36:11.8	14.9
54.	70	MORALES Antonio	M (54.)	M2M (15.)	272045	ALES CEVENNES ATHLETISME	00:36:14.3	14.9
55.	45	GARDES Christophe	M (55.)	M4M (4.)	981842	BEZIERS CHEMINOTS ATHLETISME M	00:36:23.2	14.8

# Championnats de zone - 1/4 Finales de Cross-country

## Classement général 01-Cross Masters Hommes

Rang	N°	Nom Prénom	Sexe	Cat.	Licence	Club	Officiel	Moyenn
56.	65	LURMEAU Sylvain	M (56.)	M1M (28.)	1461318	PEROLS FOOTING	00:36:26.3	14.8
57.	96	TREMOLIERES Sebastien	M (57.)	M3M (9.)	1273205	LUNEL A.	00:36:35.6	14.7
58.	22	CHOQUET Remi	M (58.)	M4M (5.)	1741779	MONTPELLIER ATHLETIC RUNNING C	00:36:41.1	14.7
59.	29	<b>DESSALLES Bruno</b>	<b>M (59.)</b>	<b>M5M (2.)</b>	<b>572759</b>	<b>ATHLE 11*</b>	<b>00:36:43.1</b>	<b>14.7</b>
60.	85	ROMERO Laurent	M (60.)	M3M (10.)	578320	ATHLE 11*	00:36:46.8	14.6
61.	101	WEYH Arnaud	M (61.)	M2M (16.)	1353727	UNION SUD ATHLETISME 30*	00:36:53.5	14.6
62.	84	RIBES Pascal	M (62.)	M3M (11.)	2174846	ATHLETISME ET COURSE NATURE AN	00:36:56.9	14.6
63.	88	SANQUER Emmanuel	M (63.)	M2M (17.)	1450077	MONTPELLIER ATHLETIC MEDITERRA	00:37:03.8	14.5
64.	4	BARBERAN Daniel	M (64.)	M4M (6.)	1518492	RUN IN CRES	00:37:10.6	14.5
65.	33	DUCOROY Jean-Luc	M (65.)	M2M (18.)	429671	JOGGING SANTE MILLAS	00:37:18.9	14.4
66.	27	<b>DELLONG Thierry</b>	<b>M (66.)</b>	<b>M5M (3.)</b>	<b>1462245</b>	<b>CLERMONT SPORT ENDURANCE</b>	<b>00:37:34.4</b>	<b>14.3</b>
67.	49	GIBERT Gabriel	M (67.)	M3M (12.)	1179250	ATHLETISME LOZERE *	00:37:38.3	14.3
68.	83	POUX Nicolas	M (68.)	M3M (13.)	126736	BEZIERS CHEMINOTS ATHLETISME M	00:37:49.7	14.2
69.	9	BELOT Lionel	M (69.)	M2M (19.)	934575	TRAILRAIL CLUB	00:38:20.3	14.0
70.	7	BECK Didier	M (70.)	M2M (20.)	2358865	ATHLETIC CLUB FONT-ROMEU	00:38:36.8	13.9
71.	24	COCHEZ Jerome	M (71.)	M2M (21.)	614604	ATHLETIC CLUB FONT-ROMEU	00:39:16.1	13.7
72.	92	SOUALAH Lakdar	M (72.)	M5M (4.)	1742285	ATHLETISME ET COURSE NATURE AN	00:39:20.3	13.7
73.	89	<b>SAURAT Yves</b>	<b>M (73.)</b>	<b>M7M (1.)</b>	<b>710667</b>	<b>ATHLE 11*</b>	<b>00:39:28.2</b>	<b>13.6</b>
74.	1	ARDITI Alain	M (74.)	M5M (5.)	2415941	MONTPELLIER ATHLETIC MEDITERRA	00:39:31.9	13.6
75.	86	SANCHE Laurent	M (75.)	M3M (14.)	122990	ATHLETISME ET COURSE NATURE AN	00:39:37.7	13.6
76.	36	ESCU DIE Renaud	M (76.)	M2M (22.)	2480098	ATHLE 11*	00:39:46.6	13.5
77.	19	CASTAN Cedric	M (77.)	M1M (29.)	2468452	ATHLE 11*	00:40:00.6	13.4
78.	94	<b>THIENOT Stephane</b>	<b>M (78.)</b>	<b>M7M (2.)</b>	<b>217660</b>	<b>RUN IN CRES</b>	<b>00:40:35.6</b>	<b>13.3</b>
79.	77	<b>PAIRO Jacques</b>	<b>M (79.)</b>	<b>M8M (1.)</b>	<b>622546</b>	<b>ATHLE 11*</b>	<b>00:41:13.0</b>	<b>13.1</b>
80.	23	CIBENEL Remi	M (80.)	M1M (30.)	2146532	ATHLE 11*	00:41:36.6	12.9
81.	35	<b>DURAND Christian</b>	<b>M (81.)</b>	<b>M6M (1.)</b>	<b>2171006</b>	<b>MC NIMES</b>	<b>00:41:50.4</b>	<b>12.9</b>
82.	66	MARTINET Laurent	M (82.)	M4M (7.)	2216361	ATHLE 11*	00:42:36.9	12.6
83.	69	MESSALI Djamel	M (83.)	M4M (8.)	2033709	CLERMONT SPORT ENDURANCE	00:42:53.5	12.5
84.	68	MERCADAL	M (84.)	M4M (9.)	2303773	ATHLE 11*	00:43:03.1	12.5
85.	42	FRIEIRO Jean-Michel	M (85.)	M3M (15.)	1210132	ATHLETISME ET COURSE NATURE AN	00:43:25.4	12.4
86.	40	<b>FLANDRIN Philippe</b>	<b>M (86.)</b>	<b>M7M (3.)</b>	<b>126479</b>	<b>ATHLE 11*</b>	<b>00:44:08.0</b>	<b>12.2</b>
87.	5	BARGE Jean-Francois	M (87.)	M3M (16.)	1923503	ATHLE 11*	00:44:48.4	12.0
88.	3	<b>BARBAUX Andre</b>	<b>M (88.)</b>	<b>M6M (2.)</b>	<b>2215636</b>	<b>ATHLETISME LOZERE *</b>	<b>00:46:40.5</b>	<b>11.5</b>
89.	18	CASTAING Marc	M (89.)	M4M (10.)	2178649	ATHLE 11*	00:52:44.0	10.2